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**InDiGo Coaching
Systems**

Press Release

InDiGo Coaching Systems Develops Innovative Approach to Harnessing the Power of Intuition

Numerous clients from various backgrounds achieve success with this proven method of personal life coaching

Washington, DC: Several clients of InDiGo Coaching Systems are attributing their newly found success to the personal life coaching they received from InDiGo President Deborah George-Feres. In particular, they are praising her innovative approach to harnessing one's power of intuition.

The goal of InDiGo Coaching Systems is to enhance client's personal development through the use of various coaching techniques. Through one-on-one or group training, individuals are taught how to utilize their intuition, or inner wisdom, in order to find direction in their lives that will ultimately lead them to success.

"I help people utilize their intuition to develop a success-based strategy that will enable them to achieve their goals and reach their full potential," says George-Feres. "With intuition the individual can get quick information that is accurate and applicable."

The method InDiGo Coaching Systems uses is based on three principles, referred to as "The Three Life Laws."

- **The Power of Thought:** What you focus on manifests into your reality.
- **The Power of Choice:** What you choose determines the quality of the outcome.
- **The Power of Spiritual Guidance:** What you ask for is what you receive.

The following are some testimonials from satisfied clients of InDiGO Coaching Systems:

"I never thought one session could be so empowering, I now have a direction for what I need to do next." -- Dentist

"The coaching sessions provided me with techniques to grow my legal practice." -- Lawyer

"My life coach has helped me to unveil what was already deep within; I have found my inner self." -- Mental Health Practitioner

"This has helped me to be clear about my message and more focus." -- Business Owner

InDiGo Coaching Systems is based in Washington, DC and works with clients locally, or if not in the immediate area, consultations can be held via telephone sessions. In addition to personal life coaching, InDiGo also conducts training for community-based organizations, government agencies, and cities.

George-Feres founded InDiGo Coaching Systems as a way to help others improve the quality of their lives. With over 12 years of consulting experience, she has managed to attain a respected position within the life coaching industry. Her upcoming e-book titled "Color Your Life: A Users Guide to Living a Spiritual, Intuitive, and Authentic Life" is slated to be released later this summer.